



# SANDERLINGS

AT SEASCAPE RESORT

## LUNCH MENU

Monday thru Friday 11:30 am-2:30 pm

### Starters

**Grilled Castroville Artichoke** • 9.00  
With Balsamic Aioli

**Prawn Cocktail** • 13.00  
Cocktail Sauce & Shredded Iceberg Lettuce

**Risotto Fritters** • 9.00  
Fontina Cheese & Romesco Sauce

 **Dungeness Crab Cake** • 13.00  
Cabbage Slaw & Classic Rémoulade

 **Calamari** • 9.00  
Cocktail & Tartar Sauce with French Fries

### Salads and Soups

**Seascape Clam Chowder** • Cup 6.00 • Bowl 8.00  
Or Soup of the Day

**Resort Salad** • Half 6.00 • Full 10.00  
Organic Greens • Tomatoes • Cucumbers  
Choice of Dressing

**Caesar Salad** • Half 6.00 • Full 10.00  
Parmigiano-Reggiano • Focaccia Croutons  
Classic Caesar Dressing

**Roasted Beet & Goat Cheese** • Half 6.00 • Full 10.00  
Arugula, Endive & Balsamic Vinaigrette

**Iceberg Salad** • Half 6.00 • Full 10.00  
Bleu Cheese Dressing • Cherry Tomatoes

**Shrimp Louie** • 13.00  
Iceberg Lettuce • Tomatoes • Eggs  
Spicy Thousand Island Dressing

**Poached Pear & Bleu Cheese Terrine** • 11.00  
Mixed Greens & Candied Walnuts

*Dressing: Balsamic Vinaigrette, Ranch, Bleu Cheese, Thousand Island and Honey-Mustard*  
*Add: Chicken 5.00 • Grilled Prawns 8.00*

### Entrées

**Grilled Steak Sandwich** • 14.00  
Tomato, Arugula, Bleu Cheese Butter  
Rustic French Roll with Garlic Aioli

**Classic Reuben** • 13.00  
Brisket • Thousand Island Dressing  
Sauerkraut • Swiss Cheese • French Fries

**Seascape Burger** • 12.00  
Tomato • Lettuce • Choice of Cheese • French Fries  
*Add: Bacon, Mushroom, Avocado or Sautéed Onions \$1.00*

**Pesto Pizza** • 9.00  
Choice of Grilled Chicken or Shrimp  
Basil Pesto, Mozzarella, Arugula & Olive Oil

**Baby Back Pork Ribs** • 10.00  
Hoisin BBQ Sauce  
Mashed Potatoes or French Fries

**Seared Turkey Sandwich** • 11.00  
Sautéed Mushrooms, Melted Jack Cheese,  
Rustic French Roll with Mustard & Mayo


**Shrimp Pasta** • 15.00  
Seared Shrimp • Tomato, Asparagus Tips  
Penne Pasta & Lemon Parmesan Cream

**Chicken Caesar Wrap** • 12.00  
Caesar Salad in a Warm Spinach Tortilla  
Chicken • French Fries

**Classic Niçoise** • 15.00  
Choice of Grilled Tuna or Salmon  
Green Beans, Potatoes, Olives, Tomatoes & Boiled Egg

 **Sanderlings Fish & Chips** • 11.00  
Crispy Fried Cod & Napa Cabbage Slaw  
Served with French Fries

*Deli Sandwiches available in Turkey or Ham with Choice of Bread*

 Seafood Watch is a program of the Monterey Bay Aquarium designed to raise consumer awareness about the importance of buying seafood from sustainable sources. They recommend which seafood to buy or avoid, helping consumers to become advocates for environmentally friendly seafood. Visit [www.montereybayaquarium.org](http://www.montereybayaquarium.org) and look for links to their Seafood Watch Program for more information.

*~18% gratuity added for parties of 8 or more*